

JOSEPH B. PIERCE JR., P.T.

1811 Old Shell Rd.
Mobile, AL 36607
(251) 479-1149

Hours of Operation:
M-F: 8:00am – 5:30pm
Appointments outside normal business hours can be arranged based on need.

WELCOME,

I look forward to the opportunity to be your physical therapist. My goal is to provide the most appropriate physical therapy with the utmost professionalism, in a friendly and caring manner.

Physical therapy is a cooperative effort. I will educate you as to how you can achieve a maximum functional level with the most comfort while improving the quality of your life. I will fulfill your immediate therapy needs and be there for both you and your family in the future. It is very rewarding when I am treating the next family member years later.

Whether it is an injury at home, work, sports or just "wear and tear", together we will achieve resolution.

Joseph B. Pierce Jr., P.T.

FREQUENTLY ASKED QUESTIONS

Can I choose my Physical Therapist?

Sure, just as you have chosen your doctor, you can also choose your physical therapist. When your doctor prescribes physical therapy, you can request to be sent to the Physical Therapy Center. I receive most of my referrals from physicians based on the care their patients have received in my office over the years. Still, many patients request my services based on my reputation and the recommendation from their family and friends that I have successfully treated. If you have any questions, please contact us.



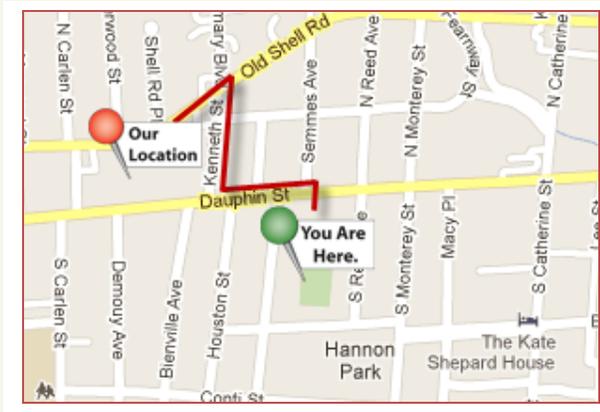
Do I still need a referral to receive physical therapy treatment?

Yes, for you to receive physical therapy treatment by a licensed physical therapist, the State of Alabama and your health insurance company require a physician referral for coverage.

What will my therapy consist of?

Typically, your therapy will include a combination of physical modalities such as heat, cold, and electrical stimulation to relieve your pain and spasm as well as a program of exercise and mobilization to recondition your area of injury or pain. It is very important that together we reestablish your mobility, strength, and coordination through a progressive rehabilitation plan to reach your optimum level, relieve your pain and return you to a normal functioning quality of life.

WE ARE EXPERIENCED HEALTHCARE PROVIDERS THAT SET NEW STANDARDS IN PHYSICAL THERAPY AND PROVIDE YOU WITH A BETTER QUALITY OF CARE.



Directions From Via:

1. Head west on Dauphin St. toward Semmes Ave.
2. Take the 3rd right onto Kenneth St.
3. Turn left onto Old Shell Rd.
4. Destination will be on left (500 ft.).

My mission is to provide the most skilled physical therapy treatment available to my patients, with utmost professionalism, and in a caring and friendly manner.

I will relieve my patient's dysfunction or pain in order to reach their highest possible level of function and quality of life. This will be achieved using my extensive experience in blending traditional proven techniques with the most current and relevant treatments through a solid commitment to continuing education.

WE SPECIALIZE IN:

- **Pre & Post-Operative Rehabilitation** – Ankle, Back, Elbow, Foot, Hand, Hip, Knee, Neck, Shoulder, Wrist
- **Total Joint Rehabilitation**
- **Surgical Repairs/Reconstruction**

- **Ankle/Foot Rehabilitation**
- **Back Rehabilitation**
- **Hand Rehabilitation**
- **Knee Rehabilitation**
- **Neurological Rehabilitation**
- **Shoulder Rehabilitation**

- **Motor Vehicle Accident Injuries**
- **Sports Injuries**
- **Workman's Compensation Injuries**

- **Acute and Chronic Pain**
- **Arthritis/Degenerative Joint Disease (DJD)**
- **Back and Neck Injuries**
- **Back Pain**
- **Bursitis**
- **Carpal Tunnel**
- **Fibromyalgia**
- **Frozen Shoulders/Adhesive Capsulitis**
- **Joint Pain**
- **Neck Pain**
- **Shoulder Pain**
- **Sprains and Strains**
- **Tendinitis**
- **Temporomandibular Joint (TMJ) Disorder**